



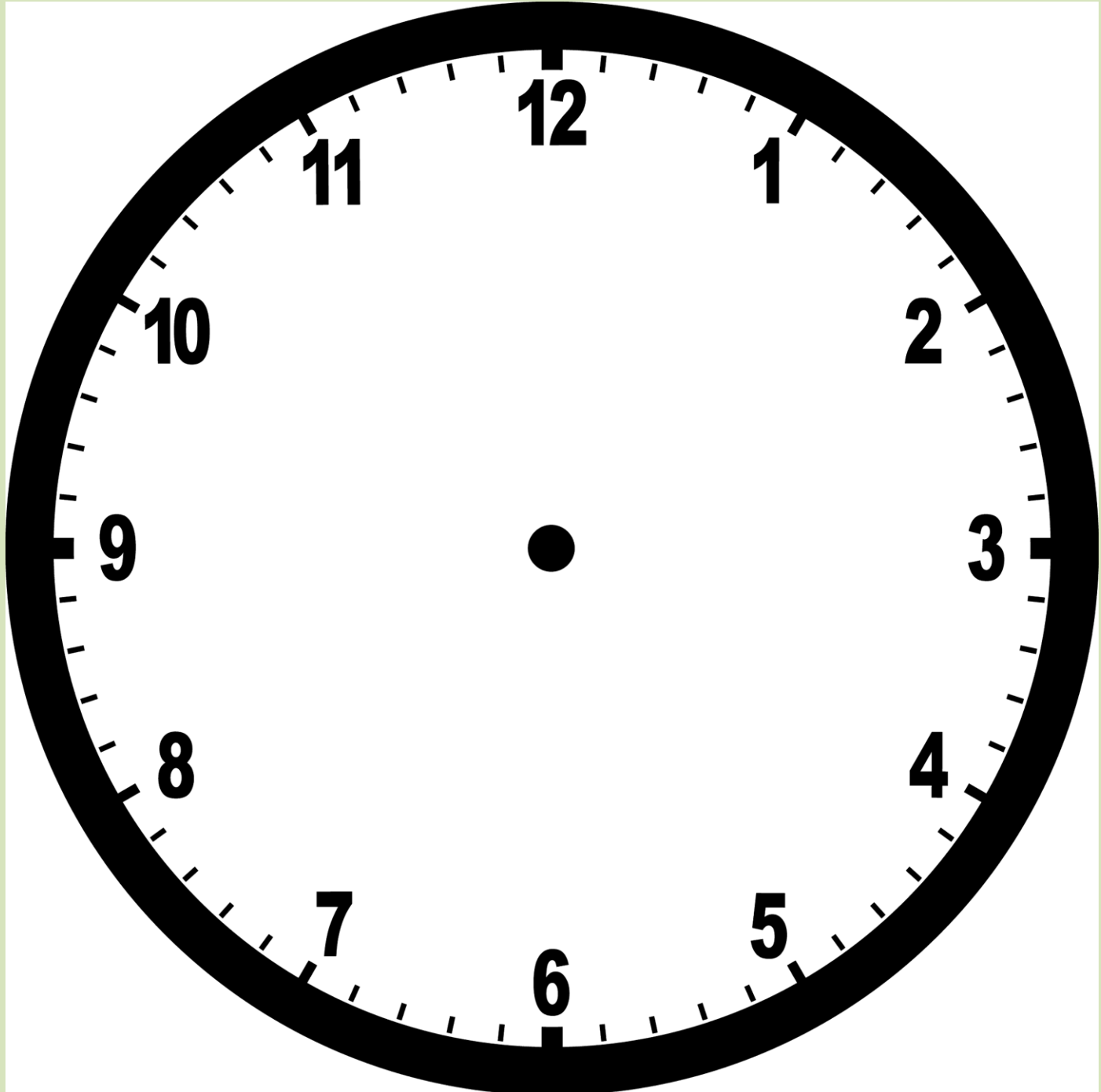
TEAGUE MIDDLE SCHOOL



“EVERY STUDENT MATTERS”

ANTI-BULLY CAMPAIGN





2 P.M. What is **Bullying**?

Bully....

What does the word make you think of?

Create a definition.

What are the different ways a person can **bully**?

6 P.M. Who's a Bully?

- **Bullies** come in all shapes and sizes.
- If we looked even more inside a person's head, we'd probably find some extra reasons why he or she is acting like a bully:
 - She's having problems in other parts of her life, like something going on in her family or struggling with school.
 - He may not feel like he's getting enough attention from parents or teachers.
 - She's watched her parents or older siblings get their way by being angry or pushing other people around.
 - He's being bullied himself, maybe by another kid or a brother or sister...or even his own parents.
 - Her parents have spoiled her or haven't taught her about not hurting others.
 - He's getting exposed to a lot of violence in movies, TV, and video games.

8 P.M. Who's A Target

- Roughly 25% (that's 1 out of 4) kids experience **bullying**.
- What makes someone that "one" out of the four?
 - 1 - He's a different size -- smaller or bigger -- than most of other kids their age.
 - 2 - She falls into some type of "minority": African-American kids at a mostly white school, girls in a shop class that's crowded with boys, etc.
 - 3 - There's something that makes him stand out, like a disability that makes him walk or talk differently, or even just his name.
 - 4 - He doesn't have any or many friends and is usually alone.
 - 5- She doesn't have a lot of confidence and doesn't seem like she'll stand up for herself.

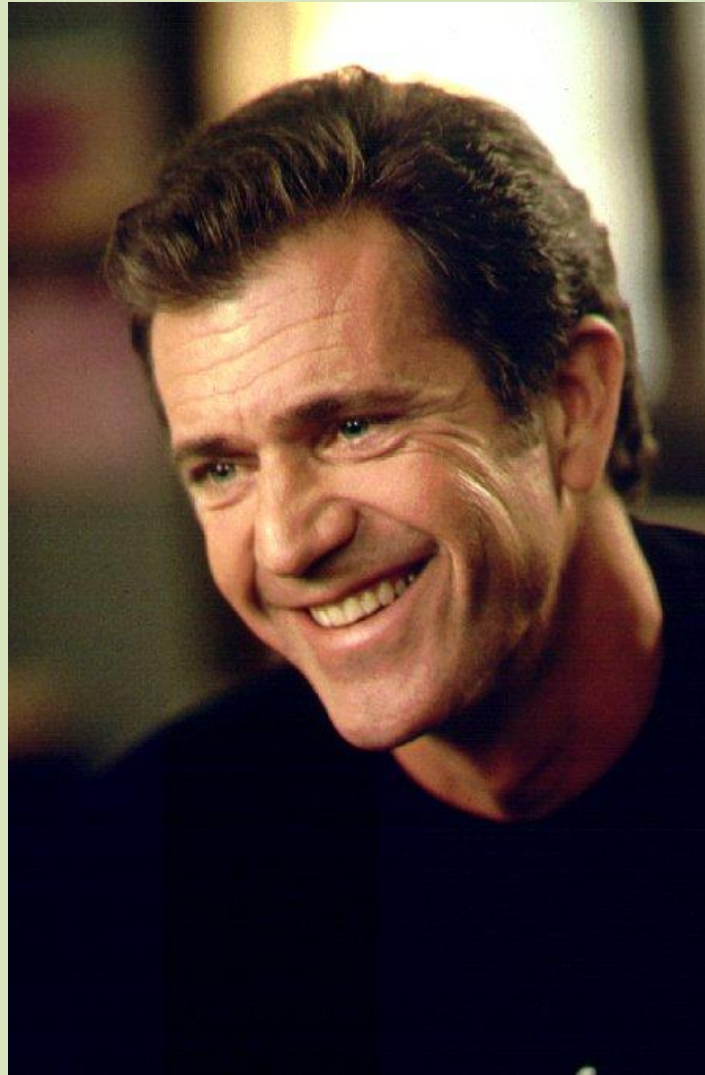
You are NOT alone

- If you're a **bully** "target," you have something in common with famous people like...

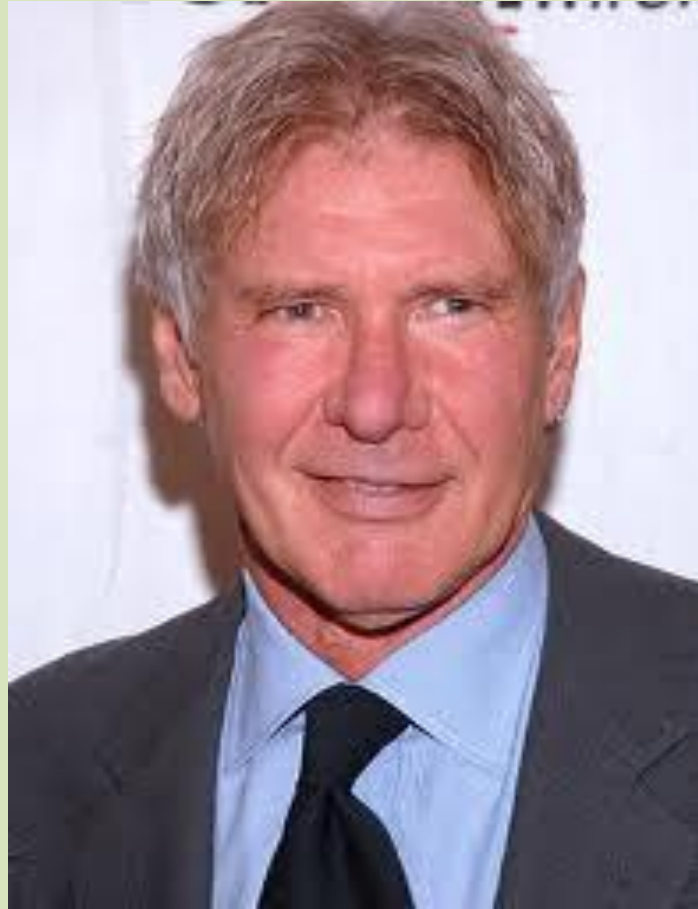
Tom Cruise



Mel Gibson



Harrison Ford



Michael Jordan



Mr. Moss



10 PM How to Handle Bullies

- Ignore the bully. Pretend you didn't hear him. Don't even look at him. Walk right past him if you can.
- Don't cry, get angry, or show that you're upset. That's the bully's goal.
- If you can, turn a comment into a joke. Example: The bully says, "Stupid outfit!" You say: "Thanks! I'm glad you noticed."
- Turn and walk away, or run if you have to. Remove yourself from the situation. Go to a place where an adult is present.
- Remember that you are not the one with the problem. It's the bully who has the problem.
- If you're being called names or teased, try "The Fog Tank." Imagine that you're inside a huge fish tank filled with white fog. Then, imagine that the insults are swallowed up by the fog before they reach you. Nothing touches you. Practice by thinking of the worst things a bully can say to you, then letting the fog eat them up.

Student Rights

- Feel **SAFE AND PROTECTED** at school
- Be treated with **EQUALITY, DIGNITY, and RESPECT**

Student Responsibilities

- Make school **SAFE** by NOT bullying others.
- **RESPECT** others and treat them EQUALLY.
- Report **ALL** forms of bullying.
- Report bullying to a **PARENT** or **ADULT** on campus they trust.
- NOT to retaliate or bully back.

Who Can Help?

- At Home **Parents**
- School – **ALL ADULTS**
- **First Line of Defense**
 - Mr. Moss 6th Grade Dean
 - Mr. Bundy 7th and 8th